



# SPECIAL DELIVERY

THE MEALS ON WHEELS DELAWARE NEWSLETTER -APRIL 2025

## THANK YOU TO THE VOLUNTEERS



April is celebrated as Volunteer Month, a time to honor and celebrate volunteers while encouraging volunteerism everywhere. Featured in our newsletter this month is Mary Ellen Hasset who volunteers as our volunteer coordinator for all of our fundraising events.

Volunteerism is especially close to the mission of the Meals On Wheels program. Each weekday hundreds of volunteers across Delaware leave their homes, get into their cars or trucks, and drive to their local senior center, or meal pick up point. From there they bring nourishment for the body and the soul to senior neighbors in their own communities.

Words are exchanged which may bloom into enduring connections. The friendly face at the door, brightens a day and alleviates isolation.

Volunteers are the heartbeat of strengthening communities, and throughout the month, we are recognizing volunteers on our social media. Every act of service builds a stronger community.

If you are able, take a step on a new adventure during April. Lend your time, talent and passion to making a real difference in your own backyard and cause a ripple effect in the community and in your own life. Sign up to deliver meals at <https://mealsonwheelsde.org/volunteer/volunteer-drivers/>. Or get involved in supporting fundraising events here <https://mealsonwheelsde.org/volunteer/event-volunteers/>

## MEET VOLUNTEER COORDINATOR MARY ELLEN NICKEL



I have been privileged to serve as the volunteer coordinator for various fundraising events in Delaware and also deliver meals for Meals on Wheels Delaware. I truly believe in the mission of Meals on Wheels to support our elderly community. I also saw firsthand the difference it made when my father-in-law received meals through the program and how he looked forward to the meal delivery each day.

These elderly individuals have contributed so much to our communities over the years, and it's essential that we show our appreciation by providing them with nutritious meals and a friendly visit. The work Meals on Wheels does is vital in ensuring that elderly individuals remain healthy, connected, and independent in their homes. I'm honored to be part of this

mission and contribute to such a meaningful cause. Mary Ellen is a valued member of the event team at Meals On Wheels Delaware.



**MEALS ON WHEELS DELAWARE**

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[MealsOnWheelsDE.org](https://MealsOnWheelsDE.org)

# CELEBRATING MOTHER'S DAY: A TRIBUTE TO UNCONDITIONAL LOVE



Mother's Day is a special occasion that allows us to honor and celebrate the incredible women who have nurtured us with love, wisdom, and strength. It's a day to express our gratitude for the selfless sacrifices and boundless affection that mothers provide.

To all the mothers, grandmothers, and mother figures out there: thank you for your unwavering support and for being the guiding light in our lives. Your love is the foundation upon which we build our dreams, and your strength inspires us to overcome any obstacle. We celebrate you and the profound impact you have on our hearts and lives.

## WORD SCRAMBLER: MEALS ON WHEELS EDITION

Test your word unscrambling skills with this fun game themed around Meals on Wheels! Unscramble the letters to find words related to the organization and its mission.

### Scrambled Words

TURITINOSU \_\_\_\_\_

IPNOMCASHONIP \_\_\_\_\_

NURYALCI \_\_\_\_\_

LEMAS \_\_\_\_\_

DNIKNSES \_\_\_\_\_

AIDE \_\_\_\_\_

EREDAWAL \_\_\_\_\_

UORBGHIEN \_\_\_\_\_

NIOILOTSA \_\_\_\_\_

GVNIGI \_\_\_\_\_

SENRIS \_\_\_\_\_

**Answers**  
Nutritious  
Companionship  
Culinary  
Meals  
Kindness  
Aide  
Delaware  
Neighbour  
Isolation  
Giving  
Seniors

Enjoy unscrambling these words and learning more about the important elements and initiatives of Meals on Wheels Delaware!