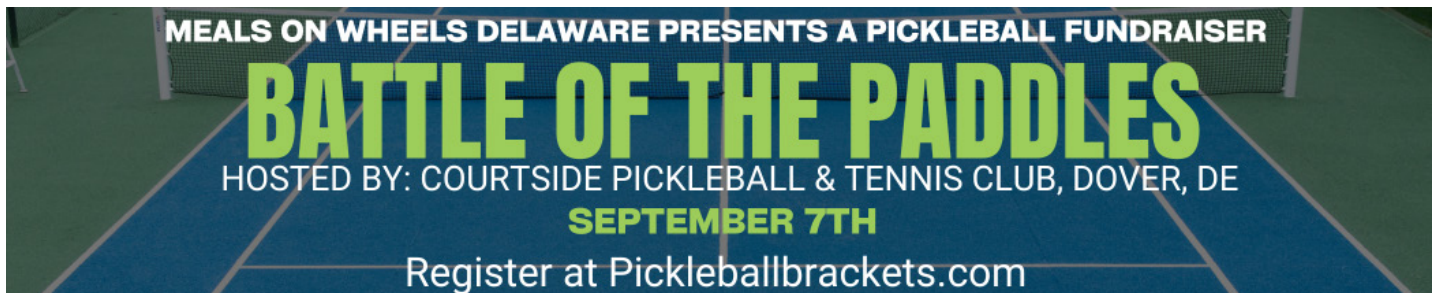




SPECIAL DELIVERY

THE MEALS ON WHEELS DELAWARE NEWSLETTER - AUGUST 2024



PICKLEBALL PALOOZA: A FUN-FILLED EVENT FOR ALL AGES

On September 7th, Dover, Delaware will come alive with the spirit of community and friendly competition at the Meals on Wheels Delaware Pickleball Event, Battle of the Paddles, hosted by Courtside Pickleball & Tennis Club, Dover. This exciting event is open to all age groups, welcoming participants from beginners to seasoned pros to join in the fun. Whether you're looking to try pickleball for the first time or showcase your skills, this event promises a day filled with camaraderie, laughter, and spirited play. Not only will attendees enjoy a fantastic day of sport, but they'll also be supporting a crucial cause—Meals on Wheels, which provides essential nutrition and companionship to homebound seniors. Come out, bring your friends and family, and be part of a meaningful day that combines fitness, fun, and philanthropy.

CLICK HERE TO REGISTER-REGISTRATION CLOSING SOON, SIGN UP NOW!

YOUR DONATIONS MAKING A DIFFERENCE IN THE BEACH COMMUNITIES

Delaware's vibrant beach towns are home to a diverse community—locals, retirees, and seasonal visitors alike. It is also home to Meals On Wheels Lewes-Rehoboth, who play a vital role, delivering hope and nourishment to seniors in need. In 2023, this dedicated organization delivered meals to 460 seniors, ensuring they receive not just food, but also a touch of compassion and care.

Your generosity has been instrumental in making a difference to this program and the seniors served. Technology is always evolving and older machines cannot keep pace. Up-to-date computers make everyone more productive. Specialized heated containers have been replaced to extend the time that meals remain warm during extended driving times in summer traffic. The volunteers are asked to wear distinctive T-shirts to identify themselves to seniors; these are worn every time meals are delivered. We were able to update these much-used T-shirts for 2024.

Your involvement helps keep this important work going, and for that, we are deeply grateful. Together we can end senior hunger. Looking to volunteer? Head over to <https://www.mealsonwheels-lr.org/volunteer/>



MEALS ON WHEELS DELAWARE

100 W. 10th Street, Suite 207, Wilmington, DE 19801

[MealsOnWheelsDE.org](https://www.MealsOnWheelsDE.org)

MEET BOARD MEMBER JOHN MCMAHON



John McMahon has worn many hats during his life here in Delaware! Born and raised in Wilmington, he and his late wife Joan, have raised two children and enjoy their many grandchildren. John started his commitment to Delaware after graduating from Salesianum High School and then Providence College. He has worked for the Employment Security Commission for the State of Delaware, then onto The Chrysler Newark Assembly plant and then moving into the position of Executive Vice President of the Delaware Contractors Association for 27 years. Thoughts of retirement did enter the conversation before then Governor Markel appointed him Secretary of Labor, a position he held from 1964 to 1970.

We very much appreciate John's commitment to the State of Delaware, and now as he is assisting with spreading the word about Meals on Wheels Delaware. John keeps himself busy helping and assisting anyone who requests his time, and it is always about Delaware! Thank you, John, for serving on the Board and helping to spread the word of Meals on Wheels Delaware!

WIN BIG: ENTER THE EXCLUSIVE RAFFLE FOR A COVETED 4-DIGIT BLACK AND WHITE LICENSE PLATE!



Purchasing a raffle ticket for a chance to win a unique 4-digit black and white license plate is a thrilling opportunity that supports a meaningful cause. Every ticket sold benefits Meals On Wheels Delaware, helping to provide nutritious meals and companionship to homebound seniors. By participating, you not only stand a chance to win a rare and coveted license plate but also contribute to enhancing the quality of life for those in need. Your generosity ensures that seniors can continue receiving the vital assistance they deserve. Winner will be pulled at the Hats & Heels event on Friday, September 20th.

To enter purchase your raffle tickets now. <https://onecau.se/hatsheels>



CELEBRATING GRANDPARENTS DAY: HONORING THE REMARKABLE LEGACIES OF OUR BELOVED ELDERS



Grandparents Day, September 8th, is a special occasion dedicated to honoring the wisdom, love, and contributions that grandparents bring into our lives. Celebrating this day is important because it allows us to express our gratitude and appreciation for the invaluable role they play in our families. Grandparents often serve as our first teachers, imparting life lessons, family traditions, and cultural heritage. By respecting and celebrating them, we acknowledge their sacrifices and the profound impact they have on shaping our values and character. This day also provides an opportunity to strengthen intergenerational bonds, fostering a sense of unity and continuity within the family. Moreover, it highlights the importance of caring for our elders, ensuring they feel valued and cherished. Overall, Grandparents Day serves as a reminder to honor and celebrate the irreplaceable role that grandparents play in enriching our lives.

#respectyouelders #celebrateyourgrandparents

VISIT: MealsOnWheelsDE.org CALL: 302-656-3257 SOCIAL:  Meals On Wheels Delaware   MealsOnWheelsDE

Together we can end senior hunger.