



SPECIAL DELIVERY

THE MEALS ON WHEELS DELAWARE NEWSLETTER - JUNE 2024

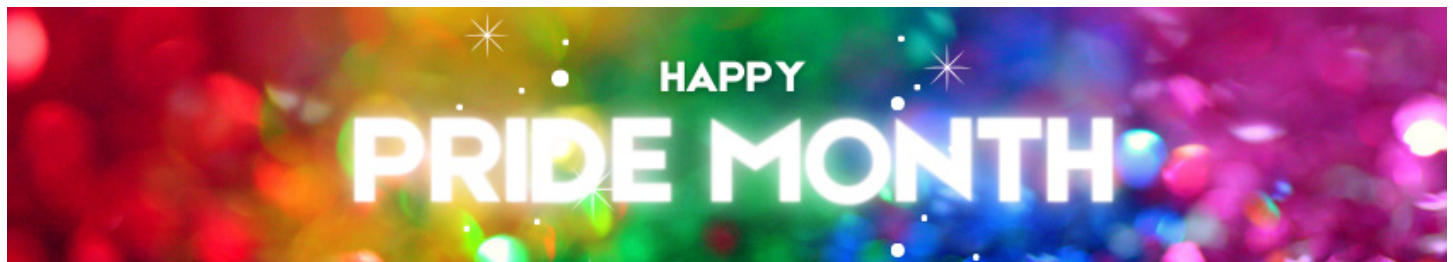
YOUNG VOLUNTEERS FOR US! WE START THEM EARLY!

Many times, during the year, we receive calls asking if there are volunteer hours with Meals on Wheels Delaware for our young adults who are still in school. Moms and Dads know their children must volunteer anywhere between 6 to 20 hours a year. During school it is hard for them as meals are delivered to arrive at the doors of many seniors between 11 a.m. and 1 p.m., when they are in school.

Usually, summer hours are easier to schedule, and we know that Mom's and Dad's would need to drive, but it is not a long commitment on the parents, usually less than 1 ½ hours and can be done at their lunch time!

This past month, Liam Proseck volunteered to deliver meals with his Mom and our Development Director Susan Dubb. What a great surprise on our senior faces when they saw a young man hand them their warm meals; we told them "We start them early to learn about volunteering!" Many young adults do not live with or near their grandparents and many do not have them since they have passed. It gave Liam the opportunity to see what a warm meal, and his warm smile, could do for the seniors!

We hope is that some of our young adults will volunteer during the summer. Starting early to learn the importance of volunteering is a great way to show our seniors they care. Visit our website to view the partner programs and how to get started!



FACTS ABOUT PRIDE MONTH

Pride Month is a month-long celebration of the history, culture, and contributions of lesbian, gay, bisexual, transgender, and queer people and their communities.

In the United States, June is Pride Month to remember the Stonewall Uprising of 1969 in Manhattan, which was a turning point for the Gay Liberation Movement. The anniversary of the Stonewall Riots was the start of the first official Pride parade.

In 1970, in order to commemorate the first anniversary of Stonewall, the first Pride marches were held in Chicago. In contrast to the joyful and liberal nature of the events that take place today,

these marches had a more militant and liberationist tone.

In 1978, the first openly homosexual politician elected to office in California, a San Francisco city supervisor, asked a friend to design a symbol representing the LGBTQ+ community. That was the moment when two eight-color multicolored flags were produced.

In 1997, only 2,000 people went to the first Sao Paulo Gay Pride Parade. Now, millions of people go every year. In 2006, a world record was set by the Gay Pride parade in Sao Paulo, Brazil, with 2.5 million people there, was the biggest one in the world.



MEALS ON WHEELS DELAWARE

100 W. 10th Street, Suite 207, Wilmington, DE 19801

MealsOnWheelsDE.org

MEET BOARD MEMBER TOM HANNUM



Meet Chef Tom Hannum, our Board Member for Meals on Wheels Delaware. Tom is a graduate of the Culinary Institute of America in 1978 and directly after graduation started working in the kitchen of the Hotel DuPont. In 1993 Chef Hannum rose to take over the direction of the kitchen and became The Executive Chef.

Chef Hannum has appeared on national television and also as been the invited guest chef at the James Beard House in New York City. Additionally, he has had the honor of cooking with chef Julia Child while appearing on Good Morning America.

In 2011 Chef took a short-lived retirement from the Hotel and in 2012 he reopened Buckley's Tavern. He has now also taken on the responsibility of advising and assisting to establish a new restaurant by the name of Goober's Diner in Wilmington.

Chef Hannum also takes great pride is being a Mentor for the ProStart program at Ceasar Rodney Highg School, winning 1st place in 2022 and again in 2024 as the National Champions!

Tom has been and continues to be a Board Member of Meals on Wheels for many years, and assists with the organizations Celebrity Chefs' Brunch held annually every spring!



Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.



VISIT: [MealsOnWheelsDE.org](https://www.MealsOnWheelsDE.org) CALL: 302-656-3257 SOCIAL: Meals On Wheels Delaware MealsOnWheelsDE

Together we can end senior hunger.