



SPECIAL DELIVERY

THE MEALS ON WHEELS DELAWARE NEWSLETTER - APRIL 2022



Recognizing Meals On Wheels Volunteers

National Volunteer Week takes place annually on the third week of April and this year took place during April 17-23. National Volunteer week highlights the impact of volunteer service in our communities and focuses on the people and causes that inspire us.

The Meals On Wheels program could not exist without the commitment of so many who volunteer to deliver meals each weekday. Across Delaware, vehicles arrive at pick-up points around the state. Insulated carriers and coolers are loaded into cars and driven to the seniors waiting for their lunch. The nutritious meals sustain the health of seniors, while dedicated volunteers bring hope.

Volunteers are always welcome. Sign up to deliver once a week, once a month, or fill in when extra help is needed. There is a high need for volunteers in New Castle County currently. Contact your local Meals On Wheels program to learn more.

Meals On Wheels Delaware could not provide the essential support that the Meals On Wheels programs need to continue without our own amazing volunteers. Thanks to all who serve on the Board, give their time and ideas to bring successful events to life, and those who have become part of the Meals On Wheels family by volunteering at events year to year.

A top-down view of various baking ingredients on a light blue surface, including flour, sugar, butter, and a heart-shaped cookie cutter.

Mom Gave Me the Ingredients to Become Who I Am Today

In Honor of Mother's Day, Let's Help Meals On Wheels Delaware.
A Dollup of Donations Goes a Long Way.

DONATE TODAY

A photograph of an elderly woman and a younger woman standing together and looking out at a view of trees.



MEALS ON WHEELS DELAWARE

100 W. 10th Street, Suite 207, Wilmington, DE 19801

MealsOnWheelsDE.org



March For Meals Review

Throughout the month of March, all Meals On Wheels Programs in Delaware joined the national Meals on Wheels network to rally support for this vital public-private partnership that provides millions of seniors with essential services that help them remain healthier and independent at home.

The annual March for Meals event recognizes the historic day of March 22, 1972, when President Nixon signed into law the Older Americans Act of 1965 to include a national nutrition program for seniors 60 years and older. This year, we celebrate 50 years of Meals On Wheels America, which ensures these critical programs can continue to address food insecurity and malnutrition, combat social isolation, enable independence, and improve health for years to come.

It's more important than ever to celebrate the importance of Meals on Wheels programs during this unprecedented time in our nation's history. March for Meals helps local programs leverage the commemorative month in ways that serve them best.

As we look forward, we remain focused on the needs of homebound seniors. We are proud to continue our partnership with those delivering comfort to homes across the State.

In most of New Castle County: **City Fare**

In Newark: **Newark Senior Center**

In Kent County: **Modern Maturity Center**

In most of Sussex County: **CHEER**

In Lewes and Rehoboth: **Meals On Wheels Lewes-Rehoboth**

We are grateful to **DSAPPD** and the **State of Delaware** for recognizing that Delaware is home to a growing number of seniors and those seniors prefer to age in place with dignity.



Vist: [MealsOnWheelsDE.org](https://www.MealsOnWheelsDE.org)

Call: 302-656-3257

Social: [f Meals On Wheels Delaware](https://www.facebook.com/MealsOnWheelsDelaware) [i MealsOnWheelsDE](https://www.instagram.com/MealsOnWheelsDE) [t MealsOnWheelsDE](https://www.twitter.com/MealsOnWheelsDE)

Together we can end senior hunger.