



HIGHMARK WALK

for a Healthy Community

JUNE 11, 2022

WE'RE BACK IN PERSON!

**Walk with Meals on Wheels Delaware and for
Homebound Seniors Throughout Delaware!**

The Highmark Walk for a Healthy Community is an annual fundraising walk that benefits local health and human service agencies. Now more than ever, it is crucial to keep our healthy homebound seniors in the comfort of their own homes. Join our team or create your own team and participate in the effort to end senior hunger.

**TO REGISTER VISIT:
[MEALSONWHEELSDE.ORG/HIGHMARK-WALK](https://mealsonwheelsde.org/highmark-walk)**

WALK SPONSOR:



CORTEVA™
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MAKE A DIFFERENCE ONE STEP AT A TIME

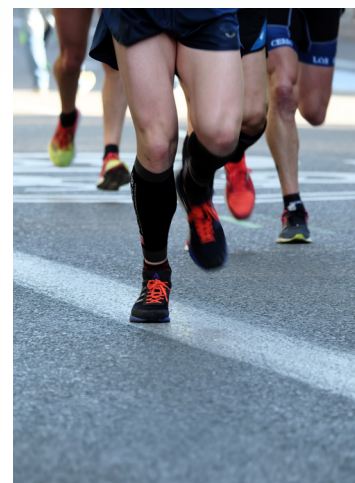
WHEN AND WHERE

- Saturday, June 11, 2022 at Tubman – Garrett Riverfront Park
- 7:45 AM - Check-in and Registration
- 9:00 AM - 5K Walk Starts
- 9:15 AM - 1 Mile Walk Starts

PARTICIPATION

- Walkers who raise \$30 receive the Highmark Walk T-shirt
- One raffle ticket for every \$50 raised
- Share your participation and the online donation link with your network and encourage your family and friends to donate or join the team
- Kids, strollers and pets welcome to this family friendly walk

Questions? Contact Regina Dodds at rdodds@mealsonwheelsde.org



HIGHMARK®



WALK FOR A HEALTHY COMMUNITY

Together we can end senior hunger.