

A MEALS ON WHEELS DELAWARE EVENT

SIP & SAVOR

SEPTEMBER 8 & SEPTEMBER 11
ONLINE COOKING CLASS SIP & SAVOR DINNER

Presented by:

**WYOMING
MILLWORK**
CO.



Together
We Can End
Senior Hunger.

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is proud to present
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ABOUT MEALS ON WHEELS DELAWARE

Meals On Wheels Delaware is a non-profit that raises funds and awareness in support of five meal delivery programs statewide. In 2020 these programs provided 877,682 meals to over 6,200 homebound seniors.

Meal recipients are aged 60 and over, who often live alone. Most clients are struggling on a fixed income, and are unable to shop or safely prepare a hot meal for themselves. A large group of dedicated volunteers deliver the meals each weekday to seniors.

The program has proven its value not only to seniors and their families, but also to the state. Funds raised at this event, and during the year, are used to ensure every senior in need throughout the state receives a meal without a waiting list. We are able to financially support equipment purchases to prepare and deliver hot meals, volunteer outreach and appreciation, as well as unfunded meals. We partner with Modern Maturity Center, CHEER, City Fare Meals On Wheels, Meals On Wheels Lewes Rehoboth and Newark Senior Center.

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DELAWARE STATE NEWS

The Capital Daily

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SIP & SAVOR COMMITTEE

The Meals on Wheels Delaware team would like to express a heartfelt thank you to our outstanding Sip & Savor Committee.



Kim Fonda
Tina Gardner
Debbie Smith

Not Pictured -
Vivian Gyening
Kisha Brown

MESSAGE TO OUR COMMITTEE

“When you can’t do what you do - You do what you can” – Jon Bon Jovi.
Due to the continued impact of Covid-19, the Sip & Savor committee had to get creative in producing a safe, engaging and fun fundraiser for Meals on Wheels Delaware. We are grateful for their dedication, creative ideas and enthusiasm in producing Sip & Savor.

“Volunteers don’t get paid, not because they’re worthless, but because they are priceless” – Sherry Anderson

The Sip & Savor Committee is dedicated to raising funds in Kent County for Meals On Wheels programs. Our committee are active members of the community. Meals on Wheels Delaware raises funds to support the five Meals On Wheels programs throughout the state that prepare and deliver hot meals during each weekday, ensuring that seniors receive the gift of health, and independent living, and companionship. Thank you to our committee members for your tireless support of this event. We want to thank everyone who took the time to support Delaware’s homebound seniors and Sip & Savor at Home!

AUCTION DONORS

AS OF 8/31/2021

A special thank you to those who made this year's auction possible.

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AS OF 8/31/2021

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Meals on Wheels Programs



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CITY FARE

Serves most of New Castle County
302-421-3734
www.cityfare.org/about/becoming-volunteer.php

NEWARK SENIOR CENTER

Serves the City of Newark
302-737-5747
newarkseniorcenter.com/volunteer-for-meals-on-wheels

KENT COUNTY

MODERN MATURITY CENTER

Serves all of Kent County
302-734-1200
modern-maturity.org/mmc-volunteer.htm

SUSSEX COUNTY

CHEER

Serves most of Sussex County
302-856-5187
cheerde.com/meals-wheels

MEALS ON WHEELS LEWES-REHOBOTH

Serves Lewes & Rehoboth Beach area
302-645-7449
mealsonwheels-lr.org/volunteer

Together we can end senior hunger.



September 11, 2001

20th Anniversary Commemoration

On this 20th anniversary of September 11, 2001, we remember the lives that were lost, the first responders and survivors of the terrorist attacks.

After such unimaginable loss, Americans rose together and inspired the world with examples of our fortitude, strength, and resilience. It is with the same strength that we will join together to remember and honor each individual lost.

We will never forget.

From Meals On Wheels Delaware

Eat. Drink. Read. Think.
Feed your neighbor.

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UPCOMING MEALS ON WHEELS DELAWARE EVENTS

FOR TICKETS VISIT

MealsOnWheelsDE.org



STOCK UP FOR SENIORS SEPTEMBER 13 - 17, 2021

Your favorite online warehouse sale is back this September with quality cookware and much more!



BEACH BRUNCH OCTOBER 3, 2021 10:30 AM - 1:30 PM

Guests will enjoy a seated brunch with each course prepared by local guest chefs at the Rusty Rudder.



CELLARS MASTERS WINE AUCTION & DINNER OCTOBER 9, 2021 6:00 PM - 10:00 PM

An upscale four-course gourmet dinner with wine pairings prepared by award winning chefs – a live auction of premier wines and travel.



THE ULTIMATE TAILGATE OCTOBER 28, 2021 6:00 PM - 9:00 PM

Guests will enjoy creative tailgate bites and brews. This casual event features live entertainment and Brew Masters' Beer Auction.



...AND SAVE THE DATE FOR CELEBRITY CHEFS' BRUNCH 2022 APRIL 24, 2022 DUPONT COUNTRY CLUB

The return of the great event you know and love! In 2022 we plan to revisit our event with brunch bites, beverages, live entertainment and best of all - the amazing chefs!

SAVE THE DATE!

Wednesday,
October 27th, 2021
5 - 8 pm
Maple Dale Country Club




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- Asbury United Methodist Church
- Calvary Church
- Camden Wyoming Rotary
- Choices for Community Living
- Del Tech Students
- Dover Air Force Base
- Dover Kiwanis
- Division of Services for Aging and Adults with Physical Disabilities
- Easter Seals
- Green Beret Project
- Kiwanis Club
- Mid Atlantic Farm Credit
- University of Delaware Students
- Wilmington University Students
- and many dedicated individuals

*Thank you to everyone delivering
in Kent County*

MODERN MATURITY CENTER PARTNERSHIP

Meals On Wheels Delaware is proud to have partnered with Modern Maturity Center for 25 years of their 51 years of service to seniors. Over the years, we have listened and responded to changing needs. The needs varied from previously unfunded meals, to essential kitchen equipment, vehicles, volunteer recognition and retention, and the unique circumstances of the past 18 months.



SIP & SAVOR AT HOME
VIRTUAL AUCTION

The Virtual Auction begins on **Wednesday, September 8 at 6:00 pm** and ends on **Sunday, September 12 at 5:00 pm**.
 Happy bidding!

ONLINE & MOBILE BIDDING

We are using One Cause mobile bidding for the Silent Auction. No application is needed to bid. Bidding can be done by text message or web browser.

TO BID VIA WEB BROWSER:

Visit www.bidpal.net/SIP21

To bid via text:

Register your phone to bid, text number 243725. Text message is: SIP21.

Your phone will receive an invitation to the SIP21 virtual auction, click on it and register. A credit card is required at check in.

To bid on an item in the Silent Auction, click the item name and photo to view the item details and press the BID button.

Select the amount you wish to bid and then you will be asked to Confirm the Bid.

The Silent Auction Closes at 5:00 pm on Sunday, September 12!
 Good Luck!



MEALS ON WHEELS DELAWARE CELEBRATES 25 YEARS

Established 1996



Eleanor Cain, Past Director of the Division of Services for Aging & Physical Disabilities

As we celebrate our 25 year anniversary, we'd like to honor the late Eleanor Cain, (Director of the Division of Services for Aging and Physical Disabilities, from 1973 to 2001). Eleanor helped to create a strong foundation for Meals On Wheels Delaware. She was also instrumental in the fundraising efforts in Kent County and accross Delaware.

Eleanor was one of the individuals that recognized the need for more funding for meals for seniors, and collaborated with others to create a public/private partnership that continues to put seniors first today. Thanks to Eleanor our mission lives on.

From Carolyn Fredricks, CEO Modern Maturity Center

The Modern Maturity Center has been providing Meals on Wheels to older adults in Kent County since 1973! Many thousands of meals have been provided throughout those years. Meals on Wheels Delaware has been a valuable partner of the Modern Maturity Center for many years, helping with the purchase of coolers, equipment, vans to transport the meals and many other items. Modern Maturity Center and Meals on Wheels, working together to feed those who need the meals...what an AWESOME partnership! Thank you Meals on Wheels Delaware!

**MAKE A DONATION
IN HONOR OF OUR
ANNIVERSARY!**

MealsOnWheelsDE.org



Denim & Diamonds 2010 Planning Committee

Back Row: Whitney Snow, John Paradee, Frank Newton, Rich Harper, Mary Jane Willis

Front Row: Kathy Donze, Dottie Harper, Mavis Newton and Sandy McNinch
And many others not pictured

A Message from Col. and Mrs. Richard Harper, retired

It has been my pleasure to have worked with Meals On Wheels Delaware since I became the Deputy Director of Sussex County Senior Services, CHEER, in the fall of 1996. We were pleased to work with MOWD and receive financial support to assist in the delivery of meals to approximately 1,600 seniors on a daily basis.

In 2008, an event was proposed for Kent County. MOWD Board Member, Eleanor Cain recruited leadership in Kent County to create Denim and Diamonds. Held at the Delaware Agriculture Museum, the event reflected the rural roots of central Delaware. Also a success, it led to what is now Sip and Savor, which continues to be an important source for funding for MOWD.

We have watched the MOWD program grow in support for the agencies. We wish MOWD continued success as you prepare for this year's Sip and Savor event. Thank you for all that you have done for the seniors and the agencies that support them in our State. Thank you also for the opportunity to support such giving organization!

Happy Anniversary,
Rich and Dottie Harper

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Chris Aulita
 General Manager
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Membership not required to hold an event.

Upcoming Bridal Event
 with heavy hors d'oeuvres.

Sun., Nov. 7th, 2021
12 pm to 3 pm.

Visit website for more information.

Lynn Mumford

Food & Beverage/Wedding & Events Manager

302-674-4951 Ext. 2

Maple Dale's expanded range of services including outdoor venues & off-site catering provides flexible options. www.mapledalecc.com

MAPLE DALE COUNTRY CLUB MENU

SEPTEMBER 11 | SIP & SAVOR DINNER

SALAD

Mixed greens with red onion, cherry tomatoes, fresh strawberries, blueberries, sundried cranberries, and goat cheese with a balsamic vinaigrette.

SURF & TURF

5 oz. Certified Angus Filet of Beef grilled to perfection & finished with a green peppercorn demi-glaze & a 6 oz. Cold Water Lobster Delmonico with slices of tomato and avocado topped with hollandaise.

DESSERT

Double Chocolate Godiva Cheesecake with chunks of milk ganache chocolate whipped cream.

COCKTAIL

One complimentary glass of wine or cocktail.

SIP & SAVOR

Cheddar's

SCRATCH KITCHEN



**Hand Battered
Chicken Tenders**



**Legendary
Hand Shaken
Painkiller**



House Smoked Ribs

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CHEDDAR'S SCRATCH KITCHEN MENU

SEPTEMBER 11 | SIP & SAVOR DINNER

DINNER ENTREE

A half rack of House-smoked ribs with two homemade sides

OR

Hand-battered chicken tenders with two homemade sides

SIDES

Homemade spinach dip and chips with homemade salsa

COCKTAIL

Legendary hand-shaken Painkiller

SIP & SAVOR

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Meals On Wheels Delaware



[MealsOnWheelsDE.org](https://www.MealsOnWheelsDE.org)

Follow us on social and visit our website to learn more about Meals on Wheels Delaware, upcoming events, volunteer opportunities and more.

CHOOSE MEALS ON WHEELS DELAWARE FOR YOUR BIRTHDAY FUNDRAISER ON FACEBOOK!

All proceeds benefit seniors throughout the state of Delaware.



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SIP & SAVOR AT HOME VIRTUAL PROGRAM CHEF



Chef Paul Cullen

of Paul's Kitchen & Cullen-ary Company



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*Mr. Greg Schulze &
Mrs. Pat Evans Schulze*

PASTA CARBONARA

SEPTEMBER 8 | ONLINE COOKING CLASS

**Chef Paul Cullens's Recipe
of Paul's Kitchen & Cullen-ary Company**

Ingredients

- 1 pound dry spaghetti/rigatoni
- 4 large eggs, as fresh as possible
- 8 ounces guanciale, pancetta or slab bacon, cubed
- 1/2 cup freshly grated Parmigiano-Reggiano
- 1/2 cup freshly grated Pecorino
- Freshly cracked black pepper
- Sea salt



Directions

Recipe Steps:

1. Bring about 6 quarts of generously salted water (it should taste like the ocean) to a boil. Add the spaghetti and cook for 8 to 10 minutes or until al dente. When the pasta is done, reserve 1/2 cup of the water, then drain.
2. While the pasta is cooking, heat a large skillet over medium heat. Add the guanciale/pancetta and sauté for about 3 minutes, or until the meat is crispy and golden and has rendered its fat. Turn off the heat.
3. In a small bowl whisk the eggs and the cheeses until well-combined.
4. Return the guanciale/pancetta pan to medium heat, and add half of the reserved pasta water to the pan. Toss in the spaghetti and agitate the pan over the heat for a few seconds until the bubbling subsides. Much of the water will evaporate.
5. Remove the pan from the heat and add the egg mixture and stirring quickly until the eggs thicken. The residual heat will cook the eggs but work quickly to prevent the eggs from scrambling. If the sauce seems too thick, thin it out with a little bit more of the reserved pasta water.
6. Season liberally with freshly cracked black pepper. Taste for seasoning; depending on the kind of pork used, it may not need any salt.
7. Divide the pasta into bowls and serve immediately.

Paul Cullen, In-Home Dining: Personal Chef-Somm-Guitarist
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**SIP & SAVOR AT HOME
VIRTUAL PROGRAM HOST**

SEPTEMBER 8 | ONLINE COOKING CLASS



Christopher Bruce
Founder & CEO of
King Creative



As a **CREATOR** and the owner of King Creative, Chris Bruce leverages his wide range of experiences to develop new, fresh and thoughtful ideas geared toward making an impact with the target audience identified on each project.

As a **HOST**, Chris loves getting lost in the moment, whether he's leading a crowd at a festival, cueing up the next big moment at a corporate event, or sitting down with a guest making genuine connections and sharing their story.

As a **PRODUCER**, Chris is known for bringing a natural and creative approach to content development, having worked on feature films, documentaries, music videos, commercials, stage productions, live events, touring shows, school assemblies and Internet shows.

As a **WRITER**, Chris' works have been seen and heard on stage, TV, web, radio and live outlets ranging from short commercial scripts to full length stage productions.

Comedienne K- Mack

The Comedienne with
the BIG HEART who gets
the BIG LAUGHS!

The Michael Colyar Morning Show
2019 Comedienne of the Year
TV Host of "KMack's Clean Comedy
Corner"



2021 Schedule

Website: www.KMackCleanComedy.com

Email: kmackmgt@yahoo.com

Phone: (267) 685-6225

Book (Virtually or LIVE)

Sep 08 6:00 PM Wed: (Virtual Event) Hosting Meals on Wheels Sip & Savor	Wilmington, DE
Sep 18 8:30 PM Sat: (LIVE) The Comedy Corner @ Bootless Stageworks	Wilmington, DE
Sep 26 5:00 PM Sun: Christian Comedy Show @ Nu'Style Entertainment Complex	Philadelphia, PA
Oct 15 8:30 PM Fri: It's Just Jokes Comedy Club "Breast Cancer Awareness" @ 16 N 9th St Darby, PA	
Oct 16 8:30 PM Sat: (LIVE) The Comedy Corner @ Bootless Stageworks	Wilmington, DE
Oct 23 4:30 PM Sat: PRIVATE EVENT @ Stargate Restaurant	Seaford, DE
Nov 20 8:30 PM Sat: (LIVE) The Comedy Corner @ Bootless Stageworks	Wilmington, DE
Dec 02 8:30 PM Thurs: KMACK'S BIRTHDAY	Wilmington, DE
Dec 18 8:30 PM Sat: (LIVE) The Comedy Corner @ Bootless Stageworks	Wilmington, DE
Apr 09 6:00 PM 2022 - Joint 50th Celebration for the Walter's!	Wilmington, DE
May 21 4:00 PM 2022 - Youth Reunion Date	New Castle, DE

SIP & SAVOR AT HOME VIRTUAL PROGRAM HOST

SEPTEMBER 8 | ONLINE COOKING CLASS



Comedienne K-Mack
Kadrea Mack
Talented Comedienne
& Host



Comedienne K-Mack is your Comedienne with the Big Heart who gets the Big Laughs. She won "2019 Comedienne of the Year" through Church Stars Network, and proudly represents Wilmington/New Castle Delaware. K-Mack is currently the CEO of KMack Management, and the TV Host of KMack's Clean Comedy Corner.

Her comedy career, which now spans more than 10 years, began in July 2010 when a good friend (Chanelle Renee Sibert) urged her to open for Comedian Clint Coley at a local comedy show. She instantly connected with the audience and kept their attention with her clean BUT FUNNY humor.

She made her television debut on August 9, 2016, on the Tee Macoroni Show which aired on PhillyCam. She made her writing debut, as a co-author on May 22, 2020, alongside Comedienne Tanya Lewis and other talented comics on a book titled BEHIND THE MASK "Behind the Laughs".

GOOD MORNING WILMINGTON

DETV

WITH HOSTS **JORDAN HINES, JJ HARMON, and KRISTIN HOLDEN**

MONDAY AT 10 A.M.

SIP & SAVOR AT HOME VIRTUAL PROGRAM HOST

SEPTEMBER 8 | ONLINE COOKING CLASS



Ivan Thomas

Founder & Executive Director of
DETV



A lifelong resident of Delaware, DETV founder, Ivan Thomas, strives to promote community and consciousness. The camera is Ivan's tool; his business is psychology, persuasion, and social architecture.

He bridges the gap between diverse groups of people through DETV, videography and photography. Owner of Blue Films Media, Ivan brings video to life for numerous clients throughout Delaware while using his content creation skills to enlighten and engage the audience.

Beyond his video work, Ivan teaches Positive Media/Film at Kuumba Academy, a charter school focusing on closing the achievement gap in the city of Wilmington. Ivan and his creative partner, Shoshana Kohn, established the movement #WEARELOVE, a campaign focusing on building relationships and promoting communication between diverse groups of community members.

A leader, Ivan is also committed to various causes including sitting on the Digital Media Advisory Board for Delcastle High School and the board of InWilmington.

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Kathleen & Jim Hawkins
congratulate the
planning committee
and the staff of Meals
On Wheels Delaware
who made this a
fabulous event!





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Lyndon & Janice
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DELAWARE AND
THE SIP & SAVOR AT
HOME EVENT**

34th DISTRICT

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YEARICK ★**

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